KENTUCKY ACADEMY
of Nutrition and Dietetics

KAND's Annual Nutrition Conference and Expo (ANCE) 2026 Meeting

We are working diligently on planning for KAND's Annual Nutrition Conference and Expo (ANCE) 2026 Meeting, March 3rd and 4th in Lexington, KY! We want YOUR input to help shape the event! Whether you're a student, intern, educator, or practicing RDN, your voice matters. Please take a few minutes to share your insights.

ANCE 2026 Meeting - Member Insight

KAND invites interested speakers to submit their proposals to be considered for the 2026 Annual Nutrition Conference & Expo.

Call for Speakers

Join us at FNCE!

The Tennessee Academy of Nutrition and Dietetics (TAND) is pleased to host a networking event for our members and the members of our **partner affiliates** - **Alabama, Connecticut, Georgia, Kentucky,** and **Mississippi**. Join us for a fun filled evening of food, music, and fun! Please RSVP in the link below!

RSVP Here!

Join the 2026-2027 Board of Directors

The Nominating Committee is looking for volunteers to serve on the Board of Directors during the 2026-2027 year! Open positions include President Elect, Treasurer, Nominating Committee (2), and Membership Chair.

You may nominate yourself or a colleague through this nomination form.

For questions and more information on position responsibilities, please contact Kat Buchanan at kattbuchanan4@gmail.com.

Mastering Nutrition Communication for Impact

Effectively communicating complex nutrition concepts to diverse audiences, from policymakers shaping public health to community leaders influencing local initiatives, is a crucial skill for driving meaningful change. The key lies in translating intricate scientific information into accessible, relatable, and actionable insights. This begins with a deep understanding of your audience: what are their existing knowledge levels, their primary concerns, and what motivates them? For policymakers, the focus might be on economic impact, public health outcomes, or legislative feasibility. Community leaders, on the other hand, may be more swayed by direct benefits to their constituents, practical implementation, and tangible improvements in quality of life. Tailoring your language, examples, and emphasis to resonate with these distinct perspectives is paramount.

To achieve clarity and inspire action, practice simplifying without sacrificing accuracy. Break down complex biological processes or epidemiological data into digestible analogies or compelling narratives. Instead of inundating them with statistics, highlight the human story behind the numbers – how a particular nutritional intervention can reduce chronic disease rates, improve children's learning, or boost local economic vitality through healthier communities. Utilize strong, concise language, and avoid jargon. Furthermore, focus on the "so what?" – clearly articulate the implications of the nutritional concept and, most importantly, present clear, feasible pathways for action. By connecting the science to their values and demonstrating a clear return on investment, you empower diverse audiences to not just understand, but to champion and implement nutrition-focused solutions.

Every job in nutrition and dietetics is impacted by food and nutrition policy. Here are ways you can be part of change!

The Academy Government Relations team has been hard at work to get a voice for RDNs NDTRsat the table and responding to timely concerns.
Last week the Academy responded to the release of the Make America Healthy Again Strategy by urging the administration to align its strategy with evidence-based policies that address the root causes of poor nutrition and chronic disease while articulating how these actions will be carried out.
Read More: https://www.eatrightpro.org/about-us/for-media/press-

releases/academy-calls-for-evidence-based-solutions-in-response-to-maha-strategy-report

You can stay up-to-date with all things policy by checking the Advocacy page on eatrightPRO and following on social media.

Kentucky Academy of Nutrition and Dietetics

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