KENTUCKY ACADEMY
of Nutrition and Dietetics

January 2024

President's Message

Hello fellow Kentuckians,

Happy New Year! I hope each of you were able to carve out some time over the holiday break to reflect and recharge. I can confidently say I enjoyed the slower pace of the holiday break.

As I mentioned in December, I typically do not make New Year's Resolutions and I did this year. Each week, I'm making it a priority to connect with people I haven't connected with recently. Even if I fail half the time, I will still have connected 26 extra times this year. The idea makes my heart very happy. I hope you are also mindful of dedicating energy to something that will bring you joy this year.

We are about 6 weeks away from our Annual Nutrition Conference and Expo (ANCE). Registration is open! I registered last week for both the Networking Event on Monday evening, March 4 and the full-day conference on Tuesday, March 5.

Monday evening, March 4, we'll be having a "Trackside Chat with the Churchill Downs Chefs" while we reconnect with each other. For those of you familiar with the Track, we'll be in the Starting Gate Suites. This May will be the 150th running of the Kentucky Derby and the track is finishing up multi-year renovations. It'll be great to have you join us for this fun event.

As you think a moment about the impressive RDs in your life, please take a moment to nominate one of them by the end of January. We have several awards to present at ANCE. Everyone appreciates recognition so consider taking a moment to bring them some joy. Winners will be announced at ANCE 2024.

Both the Academy and KAND have multiple scholarship/grant opportunities currently available. I would encourage everyone eligible to apply – it's free money!!! Read on in this newsletter to learn more about the KAND scholarships. The due date is at the end of January. Also, here is the link for the Academy's portal to grants / scholarships – the due

date for many is Feb 20. One of the grant sponsors, Marianne Smith Edge, will be a speaker at our ANCE too. Lots of connections!

All in all, we have lots to look forward this year. Please know I appreciate each of you and look forward to seeing you at ANCE in Louisville on March 4-5.

Stay warm and safe,

Jenny

Annual KAND Awards & Scholarships

Available awards:

- Outstanding Dietetic Student
- Emerging Dietetic Leader
- Outstanding Dietitian of the Year
- Recognized Dietetic Technician of the Year
- Recognized Young Dietitian of the Year
- Outstanding Dietetic Educator

Submissions are dueby **January 31, 2024**.

KAND Awards

The annual KAND Scholarship applications are now open. Please visit our website to apply for the Iva Alexander and Lyn Fleming scholarships. Applications are due by **January 31, 2024.**

KAND Scholarships

2024 ANCE registration is now open! We hope you can join us in Louisville on March 4th for our networking event at Churchill Downs followed by our conference on March 5th. Check the KAND website for details!
https://kyeatright.org/ance-2024/

Call for Research Posters!

The ANCE planning committee invites you to present your research poster at 2024 ANCE on March 5, 2024! To apply, please complete the form linked below. The deadline for submission is **Friday, January 26, 2024**. The selection committee will send decision notifications no later than Friday, February 16, 2024.

Submit Poster

Nominations Open for KAND Board

Interested in serving on the KAND Board? To view board descriptions and nominate yourself or someone else please complete the nomination form.

Learn More

February 24 Application Deadline: Foundation Awards and Grants

The Foundation is accepting applications for its annual research grants and recognition, continuing education, program development and international awards. Funding opportunities exist for credentialed practitioners, educators, students and more. The application deadline is February 24, 2024.

Learn More

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