



## President's Message

Hello everyone!

September is here with all the glories of festive, fall activities – orchard visits, fall sports, and cooler weather (at least some days).

This week, we'll have our first KAND networking event in Bowling Green on Thursday, September 21. *"An Evening on the Farm under the Moooooon"* will be a wonderful time to enjoy learning about the farm and each other.

In just a few short weeks, I look forward to seeing you at our state affiliate Reception at FNCE in Denver. This reception will be another way for us to connect, immediately following the opening session on Sunday, October 8. Please read on for additional details.

Also, as we shared last month, we'll have our Annual Nutrition Conference & Expo in Louisville, KY on Tuesday March 5, 2024. Please be sure to mark your calendars for Tuesday, as well as networking event the evening before. You won't want to miss it!

I look forward to (re)connect with each of you over the upcoming year.

All the best!  
Jenny Nixon  
KAND President

---

**JOINT AFFILIATE  
FNCE RECEPTION**

**AFFILIATES ATTENDING:**

- Arizona
- Connecticut
- DC
- Kentucky
- Louisiana
- Maine
- Maryland
- Missouri
- New Hampshire
- Tennessee

**Sunday, October 8 - 4:30-6:30 pm**  
Convention Center - Room 108, 110, 112  
[Click here to register](#)

**FNCE 2023**  
Food & Nutrition Conference & Expo  
Denver, CO | October 7-10

# Affiliate Joint Reception at FNCE

We hope to see you at our FNCE social event! Stop by our table and network with members of our Kentucky affiliate. Registration is quick and easy. RSVP below!

## Reception Details

Sunday, October 8, 2023

4:30 – 6:30pm local time

Colorado Convention Center (Denver, CO)

Rooms 108, 110, 112

[RSVP Here](#)

---

## KAND IDEA Initiatives

### Book Club

Attention KAND members: The KAND IDEA Book Club will meet on Thursday, October 5th @ 6:30 via zoom EST. We will be discussing Chapter 5 of the book, Diversity in the Workplace: Eye Opening Interviews to Jumpstart Conversations about Identity, Privilege, and Bias. This is the final chapter of this book. This can be a great way to engage in some stimulating conversation around topics related to Diversity and Inclusion, and increase networking opportunities while connecting with fellow RD's, students, or other members of the dietetics community! Feel free to contact Jordan Ellis [jordanellisky@gmail.com](mailto:jordanellisky@gmail.com) with any questions.

### Membership Profile Request

The KAND board and IDEA committee wants to get to know our members better with the help of our favorite topic, FOOD!

If you have any great recipes that are culturally special to you we would love for you to share them with us!

If you are willing to share a favorite recipe please provide the following information and share with Jordan Ellis (IDEA Liaison) at [jordanellisky@gmail.com](mailto:jordanellisky@gmail.com).

Member Name:

Where you live:

What you do:

Name of recipe:

Country/region of origin for recipe:

Recipe (including instructions for preparation and cooking):

Brief description of why this recipe is special to you (i.e. family recipe, part of a special tradition, traditional food to where you grew up, etc).

Photo of recipe (optional):

These recipes will be featured in our monthly updates when we receive them.

---

# Bluegrass District Membership



**Renew Your Membership Today!**

**Membership Includes:**

- FREE CEUS
- Student Scholarship Opportunities
- Networking

**It's Time**



Renew at [www.bluegrasseatright.org](http://www.bluegrasseatright.org)

The Bluegrass District Academy of Nutrition and Dietetics (BGAND) invites Central and Eastern Kentucky dietetics students and professionals to join our chapter for the June 2023-May 2024 year. Although we are a part of KAND, our membership is separate and has some added benefits:

- Five virtual meetings (with one CEU each)
- September Social Event
- December Volunteer Activity
- In-person February Seminar
- Website with members-only content

[Please use our website to register.](#)

---

# American Society for Parenteral and Enteral Nutrition Malnutrition Awareness Week

The Academy of Nutrition and Dietetics is an official ambassador for the upcoming [Malnutrition Awareness Week](#)™ from September 18-22.

- The Academy web team will put a web banner to promote

**Malnutrition Awareness Week** on [www.eatrightpro](http://www.eatrightpro)

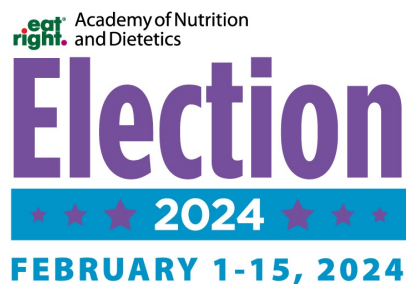
- Additionally, we will be spotlighting the Academy's Clinical Malnutrition [webpage](#) where we will also promote Malnutrition Awareness Week™ [Ambassador Success Stories](#)
- Feel free to use the professional and consumer facing social media graphics and infographics on this [webpage](#) in your affiliate promotions but you must state, *"The Academy of Nutrition and Dietetics has partnered with ASPEN, the American Society for Parenteral and Enteral Nutrition, for ASPEN Malnutrition Awareness Week™ (MAW) on September 18-22, 2023."*



---

## Nominations for Academy's 2024 National Election

It is never too early to start thinking about the future. The Nominating Committee is seeking leaders with proven skills and vision to further the profession; and self-nomination is encouraged. Nominations for president-elect, speaker-elect and treasurer-elect closed September 5, but nominations for all other positions are due by October 23.



[Learn More](#)

**Kentucky Academy of Nutrition and Dietetics**

[kentuckyand@gmail.com](mailto:kentuckyand@gmail.com)

This email was sent to {{contact.EMAIL}}

You've received this email because you've subscribed to our newsletter.

**Unsubscribing from this email unsubscribes you from ALL KAND emails.**

[Unsubscribe](#)



