KENTUCKY ACADEMY
of Nutrition and Dietetics

# President's Message

Hello everyone!

With August in full swing, many of us are getting back into the familiar routines of school schedules and fall activities. As you are surviving the chaos while we pivot from one season to another, please remember to be kind to yourself. Considering treating yourself as you would your best friend.

All the KAND committees have been working to prepare a meaningful year for us. This includes an opportunity to network in-person on September 21 in Bowling Green at our “An Evening on the Farm under the Moooooon”. I hope you’ll consider joining either for the CEU event, dinner, or simply the networking.

Please be sure to read on as Abby Hickey, our ANCE (Annual Nutrition Conference & Expo) chair, shares some exciting news about this spring’s meeting.

In October, we’ll have a state affiliate reception at FNCE in Denver, immediately following the opening session on Sunday, October 8. Please keep your eyes open for updates.

I look forward to (re)connect with each of you over the upcoming year.

All the best!
Jenny

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# Evening on the Farm under the Mooon

Register

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# Save the Date - ANCE 2024

Hello! My name is Dr. Abbigail Hickey, and I am serving as your 2024 ANCE Chair. I am excited to announce ANCE 2024 will take place at Louisville Marriott East in Louisville, Kentucky. We will be continuing the one-day conference format this year. Please plan to attend our networking event on the evening of March 4th and conference sessions throughout the day on Tuesday, March 5th. We have some exciting things planned for ANCE 2024 - mark your calendars and plan for a wonderful day with colleagues!

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The Council of State Governments (CSG) is partnering with the Department of Defense (DoD) and The Academy of Nutrition and Dietetics (AND) to support the mobility of licensed dietitians through the development of a new interstate compact. This additional licensing pathway will facilitate multistate practice among member states and reduce the barriers to license portability.

CSG has posted the most recent compact draft on their website along with a link to a survey for public comment on the draft. They are seeking feedback from interested parties.

CSG will be hosting a webinar on August 17th, 12 pm ET. Register

below.

More information can be found here.

Register for the Webinar

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# Membership Profile Request

The KAND board and IDEA committee wants to get to know our members better with the help of our favorite topic, FOOD!

If you have any great recipes that are culturally special to you we would love for you to share them with us!

If you are willing to share a favorite recipe please provide the following information and share with Jordan Ellis (IDEA Liaison) at jordanellisky@gmail.com.

- Member Name:
- Where you live:
- What you do:
- Name of recipe:
- Country/region of origin for recipe:
- Recipe (including instructions for preparation and cooking):
- Brief description of why this recipe is special to you (i.e. family recipe, part of a special tradition, traditional food to were you grew up, etc).
- Photo of recipe (optional):

These recipes will be featured in our monthly updates when we receive them.

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# Meet the KAND Board

*Each month we'll showcase new and returning Board of Directors so members can get to know leadership!*
*Read about all KAND Board members on our website.*

**Mikayla Cupp, Membership Chair**

I am an outpatient dietitian and the MOVE! Program Facility Coordinator at the

Lexington VAMC. I have been practicing as an RD for 4 years within the outpatient setting. Read more

**Eric Rhorer - Nutrition Services Payment Specialist**

Read more

**Allie Hicks - EKU Student Liaison**

I am currently a rising senior at EKU! I work for our campus dietitian as a nutrition assistant, and I also have spent the past semester working under one of my professors on research related to food insecurity on college campuses. Read more

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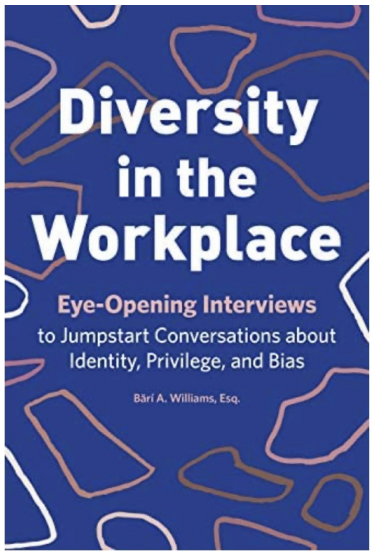
# KAND IDEA Book Club




Attention KAND members: The KAND IDEA Book Club will resume

September 7th @ 6:30 via zoom EST. We will be meeting via zoom. We will be discussing Chapter 4 of the book, Diversity in the Workplace: Eye Opening Interviews to Jumpstart Conversations about Identity, Privilege, and Bias.

This can be a great way to engage in some stimulating conversation around topics related to Diversity and Inclusion, and increase networking opportunities while connecting with fellow RD's, students, or other members of the dietetics community! Feel free to contact Jordan Ellis @ jordanellisky@gmail.com with any questions.

Meet via Zoom

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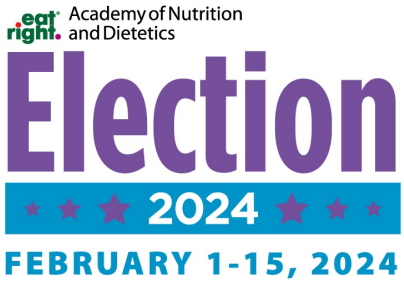


## Nominations for Academy's 2024 National Election

It is never too early to start thinking about the future. The Nominating Committee is seeking leaders with proven skills and vision to further the profession; and self-nomination is encouraged. Nominations for president-elect, speaker-elect and treasurer-elect close September 5 and nominations for all other positions are due by October 23.

Learn More

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## Joint Affiliate FNCE Reception

Sunday, October 8, 2023
4:30 – 6:30pm local time
Colorado Convention Center (Denver, CO)
Rooms 108, 110, 112

Register

**Kentucky Academy of Nutrition and Dietetics**
kentuckyand@gmail.com

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