



KAND Annual Nutrition Conference & Expo

Join us in Lexington on March 23, 2023 for our Annual Nutrition Conference & Expo! Our theme this year is “From Bench to Business: Empowering Food and Nutrition Leaders in All Areas of Practice.” We will have seven speakers from a variety of practice disciplines along with a poster session and opportunities to engage with exhibitors. Conference attendees will have access to all sessions, networking, meals/snacks, breaks, and a headshot for the one-day event for up to 8 CEUs.

You are also invited to join us for an optional pre-conference networking event on Wednesday, March 22 from 6:30-8:30PM at West Sixth Brewing. A \$15 ticket will include a full brewery tour with souvenir glass, 2 drink tickets, and appetizers. Join fellow Kentucky dietitians and dietetic students at this event!

Full event details, including registration, pricing, accommodation information, agenda, session information, and speaker bios can be found on our [conference webpage](#).

[Learn More](#)

KAND Networking Event - Brewery Tour

Are you planning to attend ANCE next week? Make sure you also sign up for our Networking Event at West Sixth on Wednesday evening before the conference on Thursday! You won't want to miss out on an exciting brewery tour and a fun, relaxed evening for meeting fellow

dietitians! [Click here for all the details and how to sign up!](#)

Learn More



Joining us at ANCE? Bring your shoes!

New this year, KAND is partnering with WaterStep, a Kentucky-based non-profit organization dedicated to bringing safe and clean drinking water to those in need. We ask that you consider bringing 1-3 pairs of new or gently used shoes that you (or your family members) no longer wear to donate to WaterStep. Our goal is to collect at least 100 pairs of shoes to help provide safe water for over 30 individuals!

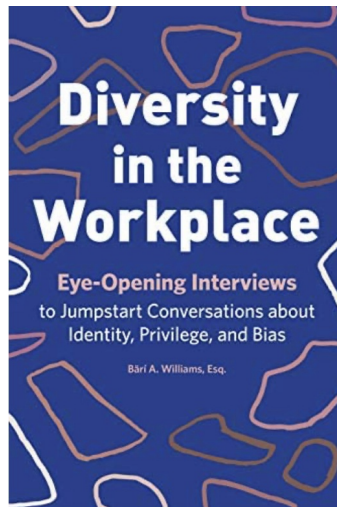


2023-2024 KAND Board Election

Cast your vote now for the 2023-2024 KAND Board of Directors. Go to

our [website](#) to learn more about the candidates and complete your ballot by March 31!

Cast Your Vote!



IDEA Book Club

Attention KAND members: Please join the KAND IDEA Book Club every first Thursday of the month at 6:30 via zoom at <https://uky.zoom.us/j/4877216345> to discuss books that are centered around promoting Diversity and Inclusion within our organization. This can be a great way to engage in some stimulating conversation around topics related to Diversity and Inclusion, and increase networking opportunities while connecting with fellow RD's, students, or other members of the dietetics community! Feel free to contact Jordan Ellis @ jordanellisky@gmail.com with any questions.

Kentucky Academy of Nutrition and Dietetics

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