



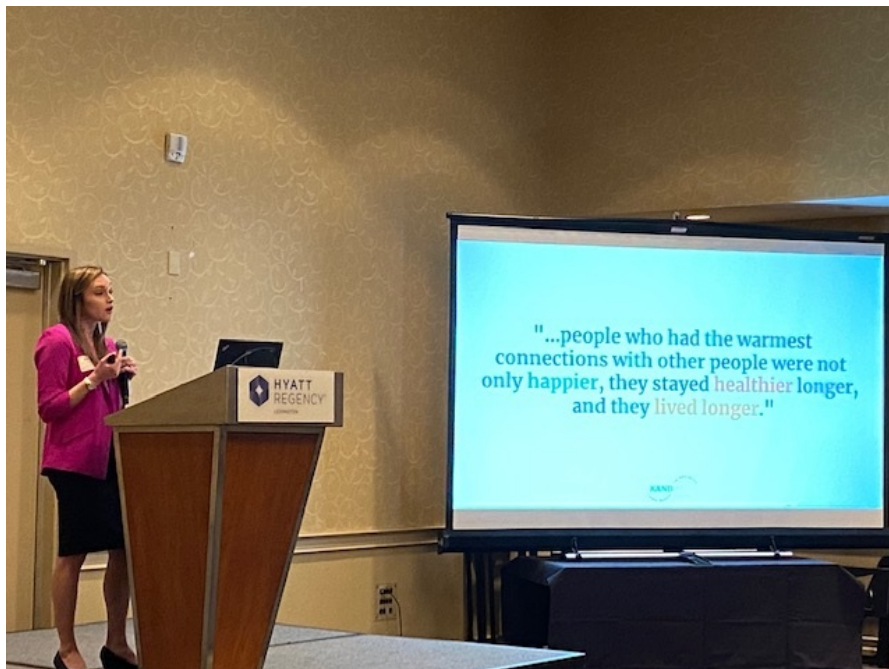
June 2023

Past President's Message

Dear KAND Members,

It is hard to believe another year has come and gone, and my time serving as KAND President has come to an end. It was an invaluable experience, both professionally and personally. The role allowed me to stay connected with my peers, enabled me to meet and bring together new professionals and students from across the state, and broadened my interpersonal communication and business skills. Thank you for your support and for believing in my ability to lead! It was an honor and a pleasure to represent our community of food and nutrition professionals. I look forward to continuing to serve as Past President in the upcoming year!

Cheers,
Tracey



President's Message

Hello everyone!

My name is Jenny Nixon, the 2023-24 KAND President. On June 1, I had

the pleasure of following in the footsteps of Tracey True. Fortunately for all of us, Tracey gets to stay on the Board for another year as Past-President. KAND's fiscal year is June 1 - May 31 which is why our AND dues are due by June 1. Speaking of dues, did you know 20% of our AND dues are returned to KAND to provide member values for our state?

The first couple of weeks have already been exciting for KAND. We had our Board of Directors virtual Orientation on June 7. It was a jam-packed session filled with many new faces and lots of energy. Please check out all the [Board Members on the KAND website](#).

Over the next few weeks, each committee chair will gather with their teams to fine tune their goals and action plans for the year. All the Board's energy goes towards KAND's mission and vision. KAND's mission is to empower members to be the food and nutrition leaders. KAND's vision is to optimize health through food and nutrition. KAND is an advocate of the dietetics profession, serving the public through the promotion of optimal nutrition, health, and well-being.

One of the upcoming events you'll want to mark on your calendar is KAND's Fall event "An Evening on the Farm under the Moooooon" on September 21 in Bowling Green. More details will be available in the coming months.

I look forward to meeting many of you in the coming months as we get (re)connected with each other.

All the best!
Jenny



Mark your Calendars

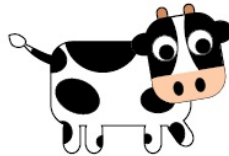
An Evening on the Farm under the Mooooon

Thursday | 09.21.23 | 4-9 PM CST

Come tour *both* a Kentucky dairy farm & beef farm and enjoy an evening networking among friends over dinner.

Chaney's Dairy Barn
9191 Nashville Road
Bowling Green, KY 42101

More details & registration information coming soon.
Don't forget to collect your gently used shoes for WaterSteps!



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Membership Chair Updates

Greetings KAND members!

My name is Mikayla Cupp, and I'm very excited to be serving as KAND's recently elected 2023-2024 Membership Chair. I've been working as a Registered Dietitian at the Lexington VAMC outpatient nutrition clinic for the past 4 years, and I was recently promoted to our facility's weight loss program coordinator. Outside of work, I find joy in walking & snuggling my Great Pyrenees, Apollo, cooking delicious food, and mastering really hard sudoku puzzles. This will be my first year working as a KAND Board member & I am looking forward to connecting with dietitians across our state and growing our network through membership committee services.

In my role, I will be overseeing the Member Value Committee, which consists of a large group of passionate dietitians & dietetic student members. Roles under this committee include the New Member Liaison, Newsletter Coordinator, Social Media Coordinator, IDEA Liaison, and our Student Liaisons representing UK, ECU, Western, and Morehead Universities. I look forward to collaborating with this group to bring

forward new innovative ideas & goals to support and enhance KAND membership opportunities and services this year. I also plan to continue working to progress & enhance past Member Value goals and initiatives including: The KAND book club, which plans to resume with regular meetings in the upcoming months, enhancement of the KAND newsletter to spotlight events and member profiles, promotion of KAND through social media content creation, and organizing campus KAND events to increase student member involvement.

I am always open to ideas and suggestions - Member Value Committee member or not, I greatly value your input, so please [feel free to send any and all](#) that you may have my way and I will work to support these the best that I can! Thank you for the opportunity to serve in this role - I'm excited to get to know you each of you over the course of this next year & working to enhance KAND's membership experience.

KAND IDEA Book Club

The KAND IDEA Book Club will break for the summer (June and July), and will resume in August. Dates and times TBD. When we resume we will continue to discuss the book, Diversity in the Workplace: Eye Opening Interviews to Jumpstart Conversations about Identity, Privilege, and Bias.

Kentucky Academy of Nutrition and Dietetics

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