









# 2022 Annual Nutrition Conference & Expo

March 24-25, 2022 / The Madison Event Center & Hotel Covington / Covington, Kentucky

*SPEAKERS AND TIMING ARE SUBJECT TO CHANGE*

Thursday, March 24, 2022		
7:00 AM - 8:00 AM	Breakfast & Register	Grande Ballroom
8:00 AM - 8:15 AM	<b>Welcoming Remarks</b> <i>Kira Galloway, KAND President</i> <i>Laura Dean, KAND Annual Meeting Chair</i>	Grande Ballroom
8:15 AM - 9:15 AM	<b>Helping Clients Wade Through a Fad Crazy World</b> <i>Toby Amidor, MS, RDN, CDN, FAND</i>	<i>Sponsored By</i> 
9:15 AM - 10:45 AM	<b>Mediterranean Diet, Culture and the Workplace</b> <i>Amanda Goldman, MS, RD, LD, FAND</i> <i>Mary Angela Miller, MS, RDN, LD</i> <i>Daniela Puglielli, Founder of Mediterranean Diet Roundtable (MDR)</i>	Grande Ballroom
10:45 AM - 11:00 AM	Visit Exhibits	Grande Ballroom

11:00 AM - 12:00 PM	<b>The Gut Dysbiosis and Cow Milk Allergy Connection</b> <i>Susan Wilson, RDN, LDN</i>	Sponsored By  	Grande Ballroom
12:00 PM - 12:30 PM	<b>Membership Meeting</b> <i>Kira Galloway, KAND President</i>		Grande Ballroom
12:30 PM - 1:30 PM	Lunch & Visit Exhibits		Crystal Ballroom & Grande Ballroom
1:30 PM - 2:30 PM	<b>Sustainable Food Systems</b> <i>Speaker TBD</i>	Sponsored By 	Grande Ballroom
2:30 PM - 3:30 PM	<b>Behind the Beef: Meet the People Providing Healthy and Sustainable Beef in Kentucky</b> <i>Speakers TBD</i>	Sponsored By 	Grande Ballroom
3:30 PM - 4:30 PM	<b>Poster Session</b> & Visit Exhibits		Grande Ballroom
4:30 PM - 5:30 PM	<b>Advocating for Food Policy: What RDNs Need to Know</b> <i>Lorraine Mongiello, DrPH, RDN, CDE, BC-ADM</i>		Grande Ballroom
5:30 PM - 5:45 PM	<b>Recap &amp; Adjournment</b> <i>Laura Dean, KAND Annual Meeting Chair</i>		Grande Ballroom
5:45 PM - 6:00 PM	Break		
6:00 PM - 9:00 PM	<b>Networking Reception</b>	Sponsored By 	Crystal Ballroom

CE: 7.5 Total for Educational Sessions (Activity Type 170) / 2.0 Total for Poster Session & Exhibits

## Friday, March 25, 2022

7:00 AM - 8:00 AM	Breakfast & Register	Grande Ballroom
8:00 AM - 9:00 AM	<b>Early Insights into Human Milk Analysis</b> <i>Laura Serke, RD, CSPCC, LD, IBCLC</i>	Grande Ballroom
9:00 AM - 10:00 AM	<b>Master the Art of Leading Cooking Demos</b> <i>Karman Meyer, RDN, LDN</i>	Grande Ballroom
10:00 AM - 10:30 AM	Visit Exhibits	Grande Ballroom
10:30 AM - 11:30 AM	<b>Intuitive Eating</b> <i>Brittany Kurtz, MSN, RN, APRN-C, CIEC</i>	Grande Ballroom
11:30 AM - 12:00 PM	<b>Closing Remarks</b> <i>Kira Galloway, KAND President</i> <i>Laura Dean, KAND Annual Meeting Chair</i>	Grande Ballroom
12:00 PM - 1:00 PM	Break	
1:00 PM - 3:00 PM	<b>Board Meeting</b>	Scheper Dining Room @ Hotel Covington

CE: 3.5 Total for Educational Sessions (Activity Type 170) / 0.5 Total for Exhibits