Kentucky’s Food & Nutrition Experts

Kentucky Academy of Nutrition and Dietetics (KAND) is an affiliate of the Academy of Nutrition and Dietetics, the world’s largest organization of food and nutrition professionals. Membership includes Registered Dietitian Nutritionists, Dietetic Technicians, Registered, other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students. Dietetics practitioners work in health care systems, home health care, foodservice, business, research and educational organizations, as well as in private practice. Registered Dietitians provide medical nutrition therapy to treat chronic conditions, illnesses, or injuries, as well as provide health and wellness promotion and disease prevention.

There are approximately 1320 dietitians registered by the Commission on Dietetic Registration in the state of Kentucky and licensed by the Kentucky Board of Licensure and Certification for Dietitians and Nutritionists.

Mission & Vision

KAND’s mission is to empower members to be the food and nutrition leaders. Our vision is to optimize health through food and nutrition. KAND is an advocate of the dietetics profession, serving the public through the promotion of optimal nutrition, health and well-being.