

The Kentucky Academy of Nutrition and Dietetics

Presents

A Celebration of Food and Nutrition!

Wednesday, March 27

Embassy Suites Coldstream Clark Room

PM

6:00 **KAND Board Dinner Meeting**
KAND members are welcome to attend. Let us know by March 15 if you wish to attend so we can accommodate you.

Thursday, March 28

The Club at Spindletop Hall Oak Room

AM

7:30 **Register, Visit Exhibits & Posters / Enjoy Yogurt Bar**
Generously sponsored by The Dairy Alliance

8:30 **Welcome Remarks**
Karina Christopher, PhD, RD, LD, KAND President
MPH Director/Assistant Professor, Eastern Kentucky University

Julie Plasencia, PhD, RDN, KAND Conference Chair
Assistant Professor, University of Kentucky

8:40 **Introduction to NEL™ (Nutrition Education Leadership)**
Merritt Bates Thomas, RD, LD

Call to Action: Get Involved
Diane Enos, MPH, RDN, FAND
Vice President, Professional Development and Assessment
Academy of Nutrition and Dietetics

9:00 **Initiatives to Combat Hunger and Connecting Kentucky Farmers to New Markets**
Kentucky Commissioner of Agriculture Ryan F. Quarles

10:00 **Implementation of RDs Placing Feeding Tubes**
Whitney Dudley, MHA, RD, LD
Manager, Nutrition Service, University of Kentucky Albert B. Chandler Hospital

11:00 **KAND Business Meeting**
President Karina Christopher presides

11:30 **Break: Visit Exhibits & Posters**

PM

- 12:00 **Braised Beef Short Ribs Luncheon**
Generously sponsored by the Kentucky Beef Council
- 1:00 **TPN and Nutrition Support Review**
Barbara Woodward, Barbara Magnuson Woodward, PharmD, CNSC
- 2:00 **The Impact of Pre- and Post-Operative Nutrition in the Surgical Patient**
Chad A. Wiesenauer, MD, University of Louisville Physicians Novak Center for Children's Health
- 3:00 **Enjoy Snack Break / Visit Exhibits & Posters**
- 3:30 **NEL™ Possibly Catherine Shaw, Business Development & Marketing Assistant
Kentucky Regional Extension Center on Quality Payment Program**
- 3:45 **TBA (Sports nutrition)**
Generously Sponsored by the Kentucky Beef Council
- 4:45 **NEL™ Licensure Board Update?**
- 5:00 **Recap, Review & Adjourn**

Friday, March 29

The Club at Spindletop Hall Oak Room

AM

- 7:00 **Registration & Enjoy Beverages**
- 8:00 **Cancer Rehabilitation: What Is It and How Can It Help Your Patients**
Laura E. Williams, PT, DPT, OCS
Doctor of Physical Therapy
Residency Trained in Orthopedics
KORT Hamburg Physical Therapy
- 9:00 **NEL™**
Jackie Walters, MBA, RD, LD
National Policy
- 9:15 **TBA**
Generously sponsored by the Kentucky Beverage Association
- 10:15 **Enjoy Greek Yogurt Health Nut Break**
- 10:45 **Sexual Health & Diabetes**
Shubham Gupta, MD
Assistant Professor of Urology, University of Kentucky HealthCare
- 11:45 **NEL™**
- Noon Evaluations & Adjourn**